

VEMMA[®] BODY of KNOWLEDGE

OPTIMAL HEALTH IS AN INSIDE JOB

Fuel your body with the essential nutrients it needs to build a solid foundation. Body Knowledge is Power — Minerals help support the health of bones, organs and the immune system.*

HAIR

Green tea, vitamin C and the B vitamin family – thiamin, niacin, vitamins B6 and B12, folate, biotin, and pantothenic acid – are key to help strengthen your hair.*

DIGESTIVE

Aloe vera assists with digestive health.*

IMMUNITY

Vitamins C and D, zinc, and green tea help to promote a healthy immune system.* Mangosteen may help increase the production of immune cells.*

BONES (AND TEETH)

Vitamin D, calcium, phosphorus, fluorine, magnesium and manganese may help keep your bones and teeth strong.*

LEGS

B vitamins, green tea, iron, copper, magnesium and iodine help to provide energy support so you can keep up with your busy lifestyle.*

EYES

Vitamin A helps to maintain good vision.*

THYROID

Vitamin B6 and iodine help to keep your hormones and metabolism running smoothly.*

BRAIN

Folic acid may help to boost your memory.*

SKIN

Help retain glowing skin with Vitamins A, C, and E, plus green tea.*

HEART

Help protect and support a healthy heart with vitamins B6, E, and D, and mangosteen.*

NAILS

The nutritional benefits of silica and biotin can help boost the overall health of your nails.*

CELLULAR TISSUE

Antioxidant-rich mangosteen, green tea, vitamins A, C, and E along with zinc, magnesium, selenium, calcium, sodium and potassium to function as your internal body guard against oxidative attack.*

Vemma nourishes your cells
and helps provide the ultimate
nutritional foundation.*



*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.